



Adult Intake

Name _____ D.O.B _____ Date _____

Full Address _____

Home Phone _____ Work _____ E-mail _____

Physical History

Are you now under a doctor's care? _____ If yes, name of doctor _____

Reason for doctor's care _____

Are you taking any medication? _____ If yes, what kind? _____

Reason for medication _____ Last medical examination _____

Have you ever been hospitalized for a physical illness? _____

Describe _____

Have you ever been hospitalized for a mental illness? _____

Describe _____

Any recent major illnesses or surgeries? _____

Any recurrent or chronic conditions? _____

Do you smoke: _____ Do you take drugs? _____ If yes, what kind? _____

Do you drink? _____ How much? _____

Any Previous Therapy/Counseling? _____

If yes, describe, when, where, how long, what for _____

Occupation: _____ How long? _____

Hobbies: _____

Family History:

Parents: Father alive? _____ Where residing _____ Relationship _____

Mother alive? _____ Where residing _____ Relationship _____

Marital Status _____ #of marriages _____ Spouse's name _____

Children: #1 M F Age _____ #2 M F Age _____ #3 M F Age _____ #4 M F Age _____ #5 M F Age _____

Family History of addiction? _____

Any step-parents? _____ If yes, describe when and your relationship with them _____

Emotional Status

Did you have what you would consider to be childhood or other trauma? _____

Do you have any current or past experience with domestic violence? _____

Have you had any thoughts of suicide? _____ If so, when last did you have them _____

Do you have any thoughts now? _____

Present Situation

Please state why you decided to come for counseling/therapy

How long has this been a problem for you?

Briefly state what you would like to work on in therapy _____

Emergency Contact Info

Name _____ Relationship _____

Phone number _____

Tell anything else in the space below that you think would be helpful for me, as your therapist, to know.

